

PARENT RESOURCES

Counseling Referral Resources

The Washougal school counselors are providing this list as a service to you. This list includes some of the services available in this area. We do not recommend any particular service group or person. Some of these agencies offer free services or have a sliding scale of payment based on the family income; others may be available through your family health insurance plans. All phone numbers are area code (360) unless otherwise listed. Feel free to discuss your concerns with your school counselor. We hope this helps.

Counseling Services

Catholic Community Services 213-2401
Center for Marriage and Counseling 694-7064
Children's Center 699-2244
Children's Home Society 695-1325
Children's Program, The (503) 452-8002
Columbia Pastoral Counseling Center 696-1615
Columbia River Mental Health Services 993-3000
Counseling Center of Vancouver 694-7046
Evergreen Counseling Services 694-3040
Family Reconciliation Services (DSHS) 993-7903
Kaiser Permanente (ask for Mental Health Dept.) 254-9158
Multicultural Mental Health 993-3000
Vancouver Guidance Clinic 694-2016
Family Solutions 695-0115

Counselors

Ashton, Carla (family & women's issues) 699-5457
Crabtree, Peter (HS Parent recommended) 696-9777
Duhkart-Hardy, Gail (works with schools) 694-8558
Johnson, Kirk, PhD (troubled youth) 694-2016
Williams, Charles (Vancouver Guidance Clinic) 694-2016
Mathewson, Clay (503) 224-1223
Sasne, Jeff (503) 452-8002
Hunter, Robert, clinical psychologist 696-0497
Dudley, Harry, PsyD (depression +) 253-6425
Edmundson, Pat MA (in Camas) 281-5200
Edwards, Jay PhD (503) 219-9992 (neuropsychologist, Bipolar, autism +)
Fielding, Kelly PhD (psychotherapist) 750-1575
Hunter, Robert PsyD (families and individuals) 696-0497
Rathbun, Antonia PhD (teens & children) 699-2244
Williams, Chuck EdD (learning issues) 694-2016
Cindy Savoie-Phillips PhD (teens/children) 256-9465
Michael Altig LPC (children) 694-0984
Crystal Leighty LMHC (play therapist) 694-9030
John Pederson MS (marriage) 254-3855

Referral & Emergency Agencies

Clark County Information & Referral 211info
Social Services Referral SW WA (877) 501-0252
Community Services, Pat Roe 397-6028
Emergency Shelter Clearinghouse 695-9677
Community Drug & Alcohol Center 696-1631
East County Family Center 835-7802(1702 C St., Washougal)
Oakbridge (Youth shelter) (888) 979-4357 or 891-2634

Crisis Line Numbers

Child Protective Service Hotline (800) 243-4984 993-7901
YWCA Sexual Assault & Violence Hotline 695-0501
Clark County Crisis Line 696-9560
Columbia River Mental Health Crisis line 993-3000
East County Crisis Line 835-7802
Help Line for Teens 693-TEEN [8336]
LaPhare Hotline 699-HOPE [4673]
National Hopeline Center (suicide) (800)784-2433
Oakbridge (Youth shelter) 891-2634 or (888) 979-4357

Support Groups

N. Clark County Family Resource Center 687-7126
YWCA Rape & sexual assault groups 696-0167
Family Reconciliation (8:00 – 5:00,M-F) 993-7903
& CWS and Early Intervention 993-7902 (after hours/weekends/holidays) 993-7901
Children's Center 699-2244
Teen Parents 313-4436
Toughlove (503) 778-LOVE 694-6184
Children's Home Society (GLBT) 695-1325

Pregnancy Counseling Services

We encourage you to first communicate with those who are the most concerned with your welfare, your parents or guardians. Additional services may be available from your doctor or in the *Yellow Pages*.

Birthright (Free PG test, counseling, clothing) 694-8156
Catholic Community Services (Camas) 260-6373
Community Pregnancy Clinic 834-2829 & 699-5433
(Free PG test, counseling, education, clothing, support group, sometimes housing)
East County Social Services Center 835-7802 (Free PG test, childbirth classes, family planning, support group, W.I.C.)
First Steps Maternity Clinic 696-5021 (If you are pregnant & have little or no income-First Steps can help your during your pregnancy)

Drug & Alcohol Support Groups & Information:

AA Intergroup office 694-3870
AI-Anon/AI-Ateen 693-5781
Children of Alcoholics (301) 468 -0985
Families Anonymous 835-1066
NA 690-1144
Addictions Victorious 254-9430

Referral for Assessment and/or Treatment:

Community Drug & Alcohol Center 696-1631
Adult Detox same number
Recovery Northwest/Dual Diagnosis 695-1297

Anger Management

Counseling Center of Vancouver 694-7046
Clark College (class on campus) 992-2000 (community ed. classes) 992-2739
Columbia Pastoral Counseling Center 696-1615
Parent Education & Support (503) 224-1223

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