

Excelsior High School Newsletter



WASHOUGAL SCHOOL DISTRICT

Special Points of Interests:

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A GRADUATION REQUIREMENT: Complete a High School and Beyond Plan...

The High School and Beyond Plan gets all students thinking about their future and how to get the most out of high school, so that they're ready to pursue their adult lives, no matter what direction they plan to take.

Ideally, students write their plan in 8th or 9th grade and then continue to revise it throughout high school to accommodate changing interests or goals. Students should be encouraged to include the following elements in their plan:

- Their personal

story – what experiences, interests and goals are shaping who they are now and who they want to become.

- Their learning style
- Their goals for high school – what their four years of high school look like, including classes, extracurricular activities, sports, a job, etc.
- Their goals for immediately after high school – student's plan should include the classes needed in preparation for a 2- to 4-

year college, vocational or technical school, certificate program or the workforce.

To meet the graduation requirements of Washougal School District our Excelsior High School students complete this plan during their core period. Each school district determines the guidelines for the High School and Beyond Plan. Please contact your son/daughters teachers for more information.



Important Dates

EARLY RELEASE at 11/1-11:25 a.m.: Parent Conferences

No School- Veterans Day 11/11

No School - Thanksgiving Break 11/23 - 11/25

No School- Winter Break 12/19 - 1/2

Staff Information

Aaron Hansen- Principal

954-3169

Trudy Tkach-Math/Science Teacher

954-3304

Ali Miller-English/Social Studies Teacher

954-3312

Lemecia Lindsey-Counselor

954-3301

Linda Greenr-Secretary/Registrar

954-3300

Betty Millington-Ed Technician

954-3302

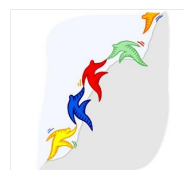
Sherry Lorenz-Hunt-

Ed Technician

954-3303

Tere Gustafson-Ed Technician

954-3303



*Faculty and staff may be reached by email using the following address: first name.last name@washougal.k12.wa.us

News From the Teachers...

News from Ali-
My creative writing students are displaying their masks and poems at Los Dos Compadres restaurant in Washougal.

EVER UPWARD...



We want to welcome Terrie Hutchins to Excelsior High School. Terrie is a WSU student who is interning this year at EHS. Terri is studying Human Development. Terrie is also a Washougal School District board member. She has been providing wonderful support to our students including assisting our seniors with post high school planning. Terrie works one-on-one with students helping them to identify their career and educational goals and developing a plan for success. Terri also co-facilitates a teen parent group.



Welcome Terrie and thanks for all of your help!

"The beautiful thing about learning is that no one can take it away from you."

B.B. King



EHS is a great place to learn!

Trenton

*You wrote the softest love stories
and the loudest lyrics.
Our Trenton,
a.k.a Trey Stacks.*

*Your hearts incredible depth
was obvious to all
who barely knew you.
Now that heart's fragility
is made impossibly hard
for us to bear.*

*As a student you quietly entered
and often quietly left--
before your teachers even knew it
Stealth being one of your many talents.*

*As a writer you connected
with others universally.
You shared your struggles, passions and beliefs.
Hip hop artists' lyrics were yours too;
you understood,
embodied the essence of that struggle.*

*As a son you were everything.
Your mother bristled, defended, laughed.
The bond between you
overwhelmingly present.*

*Your modesty was overpowered
by your desire to get your words out.
We who are so fortunate to have known you
will be forever moved
by your insight, humor and grace.*

Thank you Trenton.

By Ali Miller



Counseling Section

Senior Meetings:

Counseling Standard A:B2.3

Develop and implement an annual plan of study to maximize academic ability and achievement.

All seniors will be meeting in a small groups with their counselor Mrs. Lindsey to complete a transcript analysis and to evaluate their credit status. In addition, students will be identifying their post high school goals and developing action plans to implement next steps. Seniors will be learning about college programs, apprenticeships, trade schools and employment opportunities. Students who are not on track for graduation will develop a graduation plan. Credit checks will be sent home throughout the year for parents/guardians to review with their students.



COMMUNITY RESOURCES

Camas Wraparound Program

Counseling Standard PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help.

WHS is pleased to welcome counselors from Camas/Washougal Wrap-around– a program affiliated with Catholic Charities. Students and families who are Medicaid eligible can receive free therapeutic counseling services, parent support and community information and referral. Services are provided at school, home and in the community. Students who are struggling with depression, anxiety, grief, family changes, school issues and ADD/ADHD can benefit by services. If you would like to refer your student to this program or to ask questions then please contact your son/daughters school counselor.

Treasure House of Camas

Counseling Standard PS:C1.7 Identify resource people in the school and community, and know how to seek their help.

The Treasure House of Camas-provides a hot meal to anyone in need twice a week, Monday and Thursday. The number to call for more information is 360-834-5786.



SAT Test Dates

www.collegeboard.com

November 5th

December 3rd

January 28th

March 10th

May 5th

June 2nd

ACT Test Dates

www.act.student.org

December 11th

February 11th

April 14th

June 9th



Excelsior High School
1401 39th Street
Washougal, WA 98671-9074

